



# G~K~B Breakfast



## October

30-Sep	1-Oct	2-Oct	3-Oct	4-Oct
Benefit Bar or Filled Soft Cereal Bar	Breakfast Tornado or Donuts	Sausage gravy/biscuit or Cinn. Texas Toast	Filled Bagel Stick or Sausage Wraps	Poptarts or Donuts
Fruit and Juice Milk Variety	Fruit and Juice Milk Variety	Fruit and Juice Milk Variety	Fruit and Juice Milk Variety	Fruit and Juice Milk Variety
7-Oct	8-Oct	9-Oct	10-Oct	11-Oct
Benefit Bar or Filled Soft Cereal Bar	Breakfast Sandwich or Donuts	<b>No School</b>	Bagel w/Cream Cheese or Sausage Wraps	Poptarts or Donuts
Fruit and Juice Milk Variety	Fruit and Juice Milk Variety		Fruit and Juice Milk Variety	Fruit and Juice Milk Variety
14-Oct	15-Oct	16-Oct	17-Oct	18-Oct
Benefit Bar or Filled Soft Cereal Bar	Breakfast Pizza or Donuts	Sausage gravy/biscuit or Cinn. Texas Toast	Bagel w/Cream Cheese or Sausage Wraps	Poptarts or Donuts
Fruit and Juice Milk Variety	Fruit and Juice Milk Variety	Fruit and Juice Milk Variety	Fruit and Juice Milk Variety	Fruit and Juice Milk Variety
21-Oct	22-Oct	23-Oct	24-Oct	25-Oct
<b>No School</b>	<b>No School</b>	<b>No School</b>	Bagel w/Cream Cheese or Sausage Wraps	Poptarts or Donuts
			Fruit and Juice Milk Variety	Fruit and Juice Milk Variety
28-Oct	29-Oct	30-Oct	31-Oct	1-Nov
Benefit Bar or Filled Soft Cereal Bar	Breakfast Pizza or Donuts	Sausage gravy/biscuit or Cinn. Texas Toast	Bagel w/Cream Cheese or Sausage Wraps	Poptarts or Donuts
Fruit and Juice Milk Variety	Fruit and Juice Milk Variety	Fruit and Juice Milk Variety	Fruit and Juice Milk Variety	Fruit and Juice Milk Variety

\*\* Whole grain cereal, whole grain cereal bars or oatmeal offered daily as an additional choice\*\*